

1st International Fluid Academy Day November 19, 2011, Elzenveld Congress and Convention Centre, Antwerp, Belgium

A warm welcome to the 1st International Fluid Academy Day!

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We are very excited to present you the First International Fluid Academy Day! A neglected topic for way too long, the interest in fluid therapy seems to be quickly rising as the medical community is making a shift from looking at fluids as a mere method of stabilization towards the appreciation of its relevant side effects.

Many questions remain to be answered indeed. What is the real impact of hyperchloremic metabolic acidosis induced by normal saline? What is the place of the colloids? What is the best colloid? Do the classic rules of thumb regarding their dosage limit and indication spectrum hold in modern times? Do we still need human albumin? What is the place of the hypertonicity? How is the crystalloid vs colloid debate evolving? What will the future bring us? Can capillary leakage be treated with colloids instead of worsening it? What are the effects on the microcirculation?

And there's more! Since fluid overload is no longer seen as a cosmetic problem but as hazardous to many of our patients, a real challenge lies in the search for strategies to avoid this complication. Modern hemodynamic monitoring can help the clinician in finding thresholds to start and stop filling patients up. What is the place of the CVP and PCWP? Is there an advantage in the use of volume instead of pressure monitoring? Which technologies do we have available? What is the place of lactate? What is around the corner in non-invasive techniques?

As organising committee of this symposium it is our wonderful privilege to extend an invitation to you to join us for the first International Fluid Academy Day (IFAD), here in Antwerp, Belgium, on November 19th 2011. The meeting is endorsed, amongst other societies by the European Society of Intensive Care Medicine (ESICM), the French Society of Critical Care Medicine (SRLF) and the Belgian Society of Intensive Care (SIZ). An international faculty of world leaders in the field will be your hosts, and you are guaranteed a global revelation on fluid management and hemodynamic monitoring.

The target audience for this day are all specialists caring for the critical patient: intensivists, anaesthesi-

ologists, emergency physicians, internists, burn care specialists,...

The 1st IFAD (www.fluid-academy.org) will provide an environment for interaction, discussion, definition, consolidation of knowledge in the field of fluid management and hemodynamic monitoring. We are proud to announce that beyond our wildest expectations this 1st IFAD will be attended by 400 participants (250 doctors, 100 nurses, 25 faculty and 25 representatives from the industry). Because of this success we already planned the 2nd IFAD on November 17th, 2012 at the Radisson Blu Astrid Hotel in Antwerp, mark the date and check the website regularly for updates and program.

The beautiful city of Antwerp, one of the biggest sea-harbours in the World and famous for its fashion designers, beer and diamonds is located in the North of Belgium. The shores alongside the river "Schelde" offer a peaceful and inspiring environment. All scientific sessions will take place at the Elzenveld Congress and Convention Centre. During each session and especially at the social gathering in the evening enough time will be provided to get to know each other and to exchange ideas in a relaxed atmosphere. Despite the global warming, the weather in Antwerp is not subtropical and, as they say in Belgium..."after the rain, comes

hopefully the sun!", but you may better take that umbrella along whilst walking the harbour shores...

Thank you for not having missed this unique educational and scientific opportunity, and for having joined us in November 2011 in Antwerp: "It is time..., it is time to pay more attention to fluids!".

Manu Malbrain
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Program highlights

- A compact but complete one day program providing an update in fluids and hemodynamic monitoring
- An international faculty of leading authorities in their field
- An interactive session with voting system to put it all into practice
- A nursing session (in Dutch) on the same topics, but at their own level
- Accreditation has been requested and... it's completely free!